



INFLIGHT FITNESS

VANGUARD

Six Stack Fitness System



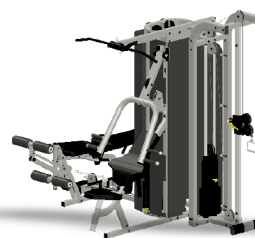
3099MFS

295" x 80" x 94"



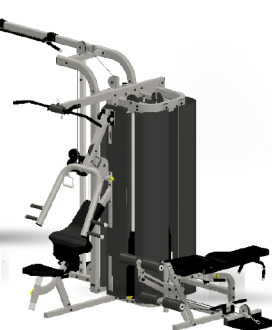
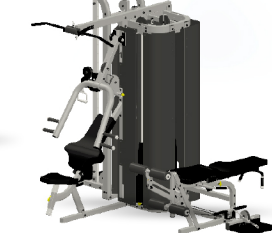
3099S

295" x 80" x 94"



3099CS

265" x 80" x 94"



STATIONS

STATION 1&4 -- Multi-Press (Shoulder, Incline, Chest, Decline), Lat Pull, Tricep Pushdown.

STATION 2&5 -- Leg Extension, Leg Curl.

STATION 3&6 -- Bicep Curl, Low Row.

STATION 7 -- Cable Crossover.

STANDARD FEATURES

- ✓ 1" ball bearing pivots on the press arms and large 4 1/2" and 6" pulleys ensure durability and smooth operation.
- ✓ 17 height adjustments and 2:1 cable pull ratio on the cable crossover.
- ✓ Six 150lb. weight stacks (ten 10lb. plates, ten 5lb. plates).
- ✓ May be assembled as LH or RH to fit room.

OPTIONAL FEATURES

- ✓ Steel shrouds powder coated and clear coated for a mar resistant and lustrous finish.
- ✓ Weight stacks can be upgraded in 50 lb. increments up to 300 lbs.

Visit www.inflightfitness.com to see our entire line of exercise equipment.